

## What We Do (And What We Don't Do)

UHS offers a number of services to any current UW–Madison student. A fee is charged for some extra services, including all medications. Services not provided by UHS are listed in [light blue](#). This list is not comprehensive.

[We do not provide appointments during evening, night, or weekend hours; emergency room care; ambulance services; hospitalization; or home care.](#)

### CARE FOR ILLNESSES

- Evaluation and treatment of acute and chronic illnesses.
- Referral for specialty care for illnesses.
- Basic radiology tests (x-rays) when ordered by a UHS provider.
- Laboratory testing when ordered by a UHS provider.
- Monitoring and management, including diagnostic tests, for stable chronic health conditions such as high blood pressure or diabetes.

[We do not provide:](#)

- [Emergency care of acute, unstable health problems.](#)
- [Specialist care of complex acute or chronic health conditions.](#)
- [Complex/non-routine diagnostic tests such as CT scans, MRI scans, GI testing, etc.](#)

### CARE FOR INJURIES

- Uncomplicated cuts needing stitches.
- X-rays for the evaluation of possible fractures.
- Sale of crutches, splints, or other orthopedic equipment.
- Physical therapy for a service fee.

[We do not provide:](#)

- [Evaluation and/or treatment by an orthopedic or other specialist when casting is required.](#)
- [Care for major trauma.](#)
- [Chiropractic care and spinal manipulation.](#)
- [Oral surgery.](#)

### WOMEN'S HEALTH CARE

- Pelvic exams, contraceptive services, pregnancy tests.
- Fee charged for contraceptive medications and devices, including IUD insertion; colposcopy, including biopsy.

[We do not provide:](#)

- [Pregnancy-related care.](#)
- [Mammograms.](#)
- [Care for complex gynecologic conditions.](#)

### PHARMACY

- Full-service pharmacy, with special reduced student prices and online prescription refills.

### IMMUNIZATIONS, ALLERGIES, OTHER SPECIALTY CARE

- Routine immunizations, including tetanus and influenza.
- Fee charged for other immunizations, including hepatitis A and B, HPV, Tdap, varicella, rabies, meningococcal, and measles, mumps, rubella.
- Fee charged for physical exams and vaccinations required for travel.
- Information on health requirements and recommendations for international travel.
- Allergy desensitization injections (the desensitizing solution must be prescribed and provided by an outside physician).

[We do not provide:](#)

- [Allergy testing.](#)
- [Dermatology services, including the initiation or continuation of Accutane therapy.](#)
- [Dental and optometry services.](#)

### PREVENTIVE CARE

- Physical examinations.
- Fee charged for physical exams required for employment or travel, or required by other third parties.
- Cholesterol screening, STI screening, and flu shots.

### PSYCHOLOGICAL AND PSYCHIATRIC CARE

- Crisis intervention (24-hour access).
- Brief individual, couples, and group therapy.
- Assessment for ADHD, substance abuse, and disordered eating.
- Alcohol and other substance abuse counseling.
- Psychiatric consultation and medication management.
- Referral and case management.

[We do not provide:](#)

- [Management of psychological issues requiring intensive or long-term therapy.](#)
- [Detoxification services.](#)
- [Management of complex or unstable psychiatric conditions.](#)
- [Inpatient care.](#)
- [Long-term management of eating disorders.](#)
- [Routine refills of psychiatric medications \(including Adderall\) initiated by another provider. Student must be assessed by a UHS psychiatrist.](#)

### WELLNESS SERVICES

- Stress management, yoga, meditation, healthy eating, fitness, and smoking cessation.
- Fee charged for massage therapy.

***If you don't have health insurance to cover the services not provided by UHS, one option is UW–Madison's Student Health Insurance Plan (SHIP). Visit [www.uhs.wisc.edu/ship](http://www.uhs.wisc.edu/ship) or call (608) 265–5232 for more information.***

## WHAT CARE IS AVAILABLE AT UNIVERSITY HEALTH SERVICES (UHS)?

UHS provides high-quality primary medical care for many illnesses and injuries—much like your family doctor at home—as well as specialty clinics in women’s health, travel, and sexual health. For students with complex or unstable conditions requiring other types of specialty care, we can help make referrals to medical providers off campus.

Our counseling services include individual and group counseling, crisis counseling, and psychiatric services. For students with mental health concerns that go beyond our scope of treatment, we can help make referrals to counseling providers off campus.

## WHAT IS A PRIMARY CARE PROVIDER?

All students have the option of choosing one clinician to be your “primary care provider”—the person you see for all or most of your visits. This is not required, but it is especially recommended for continuity of care if you have a chronic or recurring medical condition such as diabetes or high blood pressure.

## WHO CAN USE UHS?

Any undergraduate or graduate student enrolled for the current semester may make appointments at UHS and use any of our services. Students entering UW–Madison in the fall semester will be eligible to receive care at UHS as of August 15.

## DO I NEED ANY PARTICULAR HEALTH INSURANCE TO USE UHS?

You may use UHS regardless of your health insurance coverage. UHS does not bill insurance, and it is considered “out of network” for almost all plans. The pharmacy does accept many insurance plans; call (608) 263-4990 to ask if yours is included.

However, having access to UHS is not a substitute for having comprehensive health insurance coverage. Be sure to review your health insurance plan before school begins to see if it covers you appropriately while you’re in school. Many plans cover emergency care but not routine, urgent, or specialty care when students are away from home. Every year we see students who have to interrupt their studies and travel home

for care they could have received in Madison had their policy permitted. If your policy does not meet your needs, one option is the Student Health Insurance Plan (SHIP).

## WHAT IMMUNIZATIONS AND MEDICAL RECORDS ARE REQUIRED FOR INCOMING STUDENTS?

There is no immunization requirement to enter UW–Madison. However, UHS strongly recommends that all students be up to date on a number of immunizations before coming to campus. Go to [www.uhs.wisc.edu](http://www.uhs.wisc.edu) and look under the “New Students” link on our homepage for the recommended list and to find out how to complete your immunization and health history forms in MyUHS. (Please do not mail us any documents; we only collect this information through MyUHS.)

## HOW DOES MYUHS WORK?

MyUHS is our secure online patient portal. Before the semester begins, you can use MyUHS to fill out your immunization and health history forms. After the semester begins, you will also become eligible to make online appointments and exchange secure messages with your providers.

## HOW DO I USE THE PHARMACY?

You can transfer your prescriptions by email or fax before the school year begins. See the Pharmacy page of our website for instructions.

## WHAT IS THE RELATIONSHIP BETWEEN UHS AND UW HEALTH?

UHS is not part of UW Health, nor does UHS have any special referral relationship with UW Hospital and Clinics. Students who are referred or transported to any hospital from our clinic, including UW Hospital, are responsible for any emergency room or hospitalization charges.

UW Health operates the UHS Pharmacy.

## WHAT IF I DON’T WANT TO GO TO UHS?

There is no requirement that you use UHS. You may seek health care from the provider that’s best for you and your family. We’re here for you if you need us. Every year, about 50 percent of students visit UHS at least once; 9 out of 10 students come to us at some point during their college career.

## WHAT SHOULD I BRING TO CAMPUS?

- Health insurance card (and prescription medication card, if separate)
- Names and phone numbers of home primary care and specialty care providers
- Prescription medicines and refill information
- Thermometer
- Pain reliever: ibuprofen and/or naproxen
- Fever reducer: acetaminophen
- Throat lozenges
- Antihistamine
- Alcohol-based hand sanitizer
- Basic first-aid supplies:
  - adhesive bandages (ex: Band-Aids)
  - antibacterial ointment
  - hydrocortisone cream